

Family Martial Arts

ATA IMA

303-889-9395

7555 E Arapahoe Rd *unit 6* Centennial CO 80112

WWW.ATAIMA.COM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Infinite AXtion Fitness 11am	Infinite AXtion Fitness 11am	Infinite AXtion Fitness 11am	Infinite AXtion Fitness 11am	Infinite AXtion Fitness 11am	
Taekwondo All Ranks Noon	Taekwondo All Ranks Noon	Taekwondo All Ranks Noon	Taekwondo All Ranks Noon	Taekwondo All Ranks Noon	
Tiny Tigers 4:30-5:00	Camo- Blue 4:30-5:00	Tiny Tigers 4:30-5:00	Camo- Blue 4:30-5:00		Infinite AXtion Fitness 9am
White Belts 5:00-5:30	Tiny Tigers 5:00-5:30	White Belts 5:00-5:30	Tiny Tigers 5:00-5:30	Tiny Tigers 5:00-5:30	White, Orange & Yellow 10am-10:45
Orange & Yellow Belts 5:30-6:00	White Belts 5:30-6:00	Orange & Yellow Belts 5:30-6:00	White Belts 5:30-6:00	White, Orange & Yellow 5:30-6:00	Tiny Tigers 10:45-11:15
Camo- Blue 6:00-6:45	Orange & Yellow Belts 6:00-6:45	Camo- Blue 6:00-6:45	Orange & Yellow Belts 6:00-6:45	Camo- Blue 6:00-6:45	BBC Camo-Black 11:15-Noon
Integrated Martial Arts (IMA) 6:45-7:15	Adults All Ranks 6:45-7:30	Adults All Ranks 6:45-7:30	Adults All Ranks 6:45-7:30	Integrated Martial Arts (IMA) 6:45-7:15	Integrated Martial Arts (IMA) Noon-12:45
Adults All Ranks 7:15-8:00				Adults All Ranks 7:15-8:00	